

# Main Program

Friday, May 22, 2026	
Camp Setup and Potluck Lunch (Before 3 PM)	
	Registration
(6:00 – 7:00 PM) Devotional Singing (Devotion Hall)	
(7:00 – 8:15 PM) Dinner (Dining Hall)	
(8:30 – 9:15 PM) Fireside chat with Guest Speakers (Outside Dining Hall - Weather Permitting, Backup Location: Canteen)	
Lights Out (10:00 PM)	

<b><u>Workshop Listing - Saturday 1:30PM - 2:45PM</u></b>
<b>WK1: SAI in ME (Sustain and Invest in Mother Earth):</b> A Panel Discussion: Devotion Hall
<b>WK2: Light and Lightning:</b> Arts and Crafts
<b>WK3: Lighten Up with Sai:</b> Outdoor Amphitheater weather permitting (backup location: Fitness Center)
<b>Wk4 Medical Workshops:</b> Infirmary Part 1: Prevention is the Best Medicine Part 2: Healthy Bones, Healthy Living

<b><u>Swami Room Opening Hours</u></b>
Friday: 5:00 PM - 9:00 PM Saturday: 5:50 AM - 9:00 PM Sunday: 5:50 AM - 10:00 AM

Saturday, May 23, 2026		
Wake-up Bell (5:30 AM)		
(6:00 - 6:25 AM) Om karam, Suprabhatam (Devotion Hall)		
(6:30 - 7:15 AM) STEP with Sai (Vedam & Nagarsankirthan) (Outside Devotion Hall - weather permitting)	(7:00 – 8:00 AM) Breakfast (Dining Hall)	(7:00 - 8:00 AM) Health Consultation (Infirmary)
(8:15 – 9:15 AM) Devotional Singing (Devotion Hall)		
(9:15 – 10:45 AM) Speaker Session: Welcome, Announcements, Introduction Speaker: Brother Sanjay Mahalingam (Devotion Hall)		
(11:00 am – 12:15 PM) Speaker session continued: Brother Sanjay Mahalingam (Devotion Hall)	(11:00 am – 12:15 PM) Sis. Aparna Murali SSE Groups 3 & 4 (YA Hall)	
(12:15 – 1:15 PM) Lunch (Dining Hall)		
(1:30 – 2:45 PM) Parallel Workshops (Adults) WK1, WK2, WK3, Wk4	(1:30 – 2:15 PM) Sis. Aparna Murali SSE Groups 1 & 2 (Counselor's Lounge)	
(3:00 – 4:30 PM) Speaker Session: Announcements, Introduction Speaker: Sister Aparna Murali (Devotion Hall)		
(4:30 – 5:00 PM) Snack Break (Dining Hall)		
(5:15- 6:30 PM) Announcements, Introductions YA Cultural Program: <b>It's All In The Head</b> (Devotion Hall)		
(6:30 – 7:15 PM) Unison Singing (Devotion Hall)		
(7:30 – 8:45 PM) Dinner (Dining Hall)	(7:30 – 8:30 pPM) YA dinner with Guest Speakers (Canteen)	
(9:00 – 9:45 PM) Campfire Bedtime Stories with guest speakers (Outside Dining Hall - Weather Permitting, Backup Location: Canteen)		
Lights Out (10:00 PM)		

Sunday, May 24, 2026		
Wake-up Bell (5:30 AM)		
(6:00 - 6:25 AM) Om karam, Suprabhatam (Devotion Hall)	(6:00 – 6:40 AM) Vedam Chanting (Swami's Room)	
(6:30 - 7:00 AM) Nagarsankirthan (Outside Devotion Hall - weather permitting)		
(7:00 – 7:30 AM) Guided Meditation by Brother Sanjay Mahalingam (Devotion Hall)	(7:00 – 8:00 AM) Breakfast (Dining Hall)	(7:00 - 8:00 AM) Health Consultation (Infirmary)
(8:15 – 9:15 AM) Devotional Singing (Devotion Hall)		
(9:15 – 10:45 AM) Speaker Session: Welcome, Announcements, Introduction Speaker: Brother Sanjay Mahalingam (Devotion Hall)		
(10:45 AM – 12:00 PM) SSE Cultural Program <b>Fist of Faith</b> (Devotion Hall)		
(12:00 – 12:15 PM) Vote of Thanks and Announcements (Devotion Hall)		
(12:15 – 12:35 PM) Bhajan Medley and Closing Prayers (Devotion Hall)		
To-go Lunch and Camp Clean Up		

<b><u>SaiCares Information and Consultations</u></b>
SaiCares is a confidential helpline dedicated to supporting members of the Sai Community. For more details about its services or to schedule an in-person consultation, you can visit the SaiCares booths located at the Service Desk or at the back of the Devotion Hall.

<b><u>Medical Consultations</u></b>
Medical consultation will be available in the Infirmary from 7:00 - 8:00 AM on Saturday and Sunday. May also schedule a time outside of these hours at the Service Desk.