




# SSE Program Schedule | SSSIO R1nR2 Retreat 2025



- With Swami's Grace – **we are happy to announce our PRE SSE- Seva for children between age of 4 and 6.** This session takes place in Counselor Lounge on Saturday (AM and Afternoon) and Sunday (AM)
- SSE has scheduled engaging sessions based on Human Values and how these values, when applied in the present - help us LIVE SWAMI's teachings
- All SSE Children and assigned Workshop Facilitators / Teachers **are required** to be with their respective SSE groups - for all sessions.
- SSE Rooms are reserved for SSE | They are **Nature Shack, Counselors Lounge (PRE – SSE), Culinary Center, Music Room, Arts and Crafts Center and Fitness Room**
- Any exceptions needs to be aligned with Group Teacher Lead (assigned) and Sis Viji Ramanan, Sis Leela Ganti (978-719-3452) and Br. Gan Murali (614-886-1415)
- **Note to Parents: Please ensure that your children are attending SSE sessions scheduled. Do join us as helping hands - as your s schedule permits**
- For Inquiries and Serving as **SSE SEVAK** contact: Viji Ramanan (508-904-4680) | Suma Sreejith (732-331-4953) | Chetan Bhatt (908-873-8309)



## Friday, May 23, 2025

3:00 PM		
3:30 PM		
4:00 PM	Requesting all Parents of SSE Children participating in play to arrive at campsite by 5:30 PM	<b>Request all Centers to drop-off their Value Rocks at the Patio in front of the Canteen.</b>
4:30 PM		
5:00 PM	Kindly Register, Settle in your assigned cabin and have dinner to be ready for 7:30 PM Practice Start time	
5:30 PM		
6:00 PM		
6:30 PM		
7:00 PM	(7:15 – 8:30 PM)   Dinner (SSE Play Children – Early Dinner)	 <b>Please mark your submission on the chart by checking the center and entering count of Value Rocks</b>
7:30 PM		
8:00 PM		
8:30 PM	(7:30 PM – 10:00 PM) SSE Play Practice (Devotion Hall) All SSE PLAY SEVAKS and Participants in Devotion Hall by 7:15 PM (Need Audio/Lights Support)	
9:00 PM		
9:30 PM		
10:00 PM		

## NO SSE SCHEDULE ON MONDAY May 26<sup>th</sup>

- Do engage in and enjoy Main Schedule
- Consider helping with Campsite Wrap-up
  - Kitchen, Dining Hall,
  - General Camp Cleanup
  - Ensuring Cabins are left clean
  - Planning for a safe journey back home!
- **SAFE TRAVELS | BE HAPPY!**

## Saturday, May 24, 2025

7:30 AM to 8:15 AM   BREAKFAST (Dining Hall)
8:30 AM – 10:00 AM   SSE SESSION 1 All SSE Children   Teachers   SSE Sevaks Assigned <b>Assemble Children by Groups outside CANTEEN (roadside)</b> to start mapping our Value Path using Value Rocks
10:00 AM to 10:20 AM   SSE SNACKS
10:30 AM – 12:00 Noon   Session 2 <b>SSE Session 2 by Groups (Children not in Play)</b> PRE SSE – Counselors Lounge SSE 1: Culinary Center SSE 2: Arts and Crafts Center SSE 3: Music Room SSE 4 Girls : Fitness Center SSE 4 Boys : Nature Shack
<b>SSE Play practice in Canteen</b>
12:00 Noon to 12:55 PM   LUNCH TIME (Dining Hall)
1:00 PM – 2:15 PM <b>SSE Session 3 by Groups (Children not in Play)</b> PRE SSE – Counselors Lounge SSE 1: Culinary Center SSE 2: Arts and Crafts SSE 3: Music Room SSE 4 Girls : Fitness Center SSE 4 Boys : Nature Shack
<b>SSE Play practice Costume/Makeup in Canteen</b>
2:30 PM – 4:00 PM <b>SSE Session 4 by Groups (Children not in Play)</b> PRE SSE – Counselors Lounge SSE 1: Culinary Center SSE 2: Amphitheater SSE 3: Music Room SSE 4 Girls : Fitness Center SSE 4 Boys : Nature Shack
<b>SSE Play practice Costume/Makeup in Canteen</b>
4:00 PM - 4:30 PM   Free Time, Snacks Served <b>Children in PLAY – proceed to Devotion Hall</b> All SSE Children in Devotion Hall Seated by 4:45 PM
5:00 PM to 6:45 PM Cultural Program (Session 5) by SSE Children (Devotion Hall) <b>All SSE Children, Teachers and Parents to Attend this Session</b> <b>SSE Cultural Program Photoshoot after play (in costumes)</b>
7:00 PM – 8:00 PM   Dinner Dining Hall

## Sunday, May 25, 2025

7:30 AM to 8:15 AM   BREAKFAST (Dining Hall)
8:45 AM to 10:00 am   Session 6B Group 3 and 4 Children Mandatory Session with Sis. Aparna Murali   National Education Coordinator Location   Canteen (SSE room) [SSE teachers for group 3 and 4 are invited]
8:45 AM – 10:00 AM   Session 6 Group 1 and 2 Mandatory Session With Br. Srikanth Vaidyanathan Arts and Crafts Room (Gurus Invited)
<b>Band Practice</b>
10:00 AM – 10:20 AM   SSE Snacks
10:30 AM to 12:30 NOON   SAI SPORTS   SESSION 7 Sai Sports for all SSE Children (weather permitting) In the Green / Baseball Field next to Tennis Courts
12:30 PM to 1:30 PM   LUNCH TIME (Dining Hall)
2:00 PM – 3:00 PM   Session 8A Group 1 and 2 Children Mandatory Session with Sister Aparna Murali   National Education Coordinator Location   Canteen (SSE room) [SSE teachers for group 1 and 2 are invited to attend]
1:30 PM – 4:00 PM   Session 8B Group 3 and 4 Children Seva Opportunity for GIFTS PROGRAM Work with GIFTS Team in Dining Hall   <b>Decorating Cup Cakes</b>
1:30 PM – 4:00 PM SSE Band Team including SSE SEVAKS help with <b>Band Practice</b> , Uniform and Makeup for Band Readiness for GIFTS Program
4:00 PM - 4:30 PM   Free Time, Snacks Served Children in BAND – Ready with Instruments tuned All SSE Children in take their position for GIFTS Program
4:50 PM to 6:45 PM 100 <sup>th</sup> Birthday Celebration
7:00 PM – 8:15 PM   SSE Gurus and EC's Dinner with Sis Aparna Murali   National Education Coordinator SSE Canteen

# SATURDAY SSE PARALLEL SCHEDULE | MAY 24, 2025

SSE Schedule	Lead: Murali/Leela		Lead: Murali/Leela			Lead: Rupa M/Herb H
SATURDAY	GROUP 1	GROUP 2	GROUP 3	GROUP 4 (Boys)	GROUP 4 (Girls)	Pre-SSE
8:30am - 8:45 am	Assemble SSE Children outside Dinning Hall					
Session 1 8:30am - 10:00 am	SSE Children Lay the ROCKS along the Walkway Value Path Team: Anitha Vishwanathan, Rupa Murali, Raju Nedunuri, Herb Hickey					
10:00am -10:20 am	Break	Break	Break	Break		Break
Session 2 10:30am - 12:00pm	Title: Crafting for the Chant Lead: Anupama Balajee (R2) Venue: Culinary Center	Title: Life is a Game, Play It... Lead: Raju Nedunuri (R2)/ S. Balasubramanian (R2) Venue: Arts and Crafts	Title: Modern World, Modern Me Lead: Pranav Ghatraju (YA) Venue: Music Room	Title: Thinking Back, Thinking Forward Lead: Manoj Gootam (YA) Venue: Nature Shack	Title: Inside Out and Outside In Lead: Poonam Arora (R1) Venue: Fitness Center	Venue: Counsellors Lounge Pre-SSE Sessions will end by Sunday noon time
12:00 pm - 1:00 pm	Lunch	Lunch	Lunch	Lunch		Lunch
Session 3 1:00 pm - 2:15 pm	Title: Swami in every Frame; Value in every Game Lead: Bhavani Prakala (R2)/ Savita Kisson (R2) Venue: Culinary Center	Title: Health is Wealth: Making Your Food More Healthy Lead: Cathy Daub (R2) Venue: Arts and Crafts	Title: Game of Life with 5D Lead: Mohan Ram (R1) Venue: Music Room	Title: Inside Out and Outside In Lead: Poonam Arora (R1) Venue: Nature Shack	Title: Being and Doing your Best Lead: Ravi Shankar (R1) Venue: Fitness Center	Venue: Counsellors Lounge Pre-SSE Sessions will end by Sunday noon time
Session 4 2:30 pm-4:00 pm	Title: Yoga and Meditation for Children Lead: Anitha Viswanathan (R2)/ Jyothi Gandham (R2) Venue: Culinary Center	Title: Taste of Sai through SAI (Seek-Achieve-Integrate)-a hands on experiential session Lead: Gouri Savkur (R1) Venue: Amphitheater	Title: Be Yourself and others are taken Lead: Ravi D Venue: Music Room	Title: Being and Doing your Best Lead: Ravi Shankar (R1) Venue: Nature Shack	Title: Thinking Back, Thinking Forward Lead: Manoj Gootam (YA) Venue: Fitness Center	Venue: Counsellors Lounge Pre-SSE Sessions will end by Sunday noon time
4:00pm - 4:30 pm	Break					
Session 5 5:00 pm - 7:00 pm	SSE PLAY Team: Sreenadh, Anu, SriVidya, Suma, Sarla, Anjulah, Prabhusai, working with Props, Costumes, Makeup, Video, Audio, Dance and Singing Team					

# SUNDAY SSE PARALLEL SCHEDULE | MAY 25, 2025

SUNDAY	GROUP 1	GROUP 2	GROUP 3	GROUP 4	Pre-SSE
8:30am	Assemble SSE Children outside Dinning Hall				
Session 6 (A &B) 8:45 am - 9:45 am	Speaker Session (Groups 1 and 2) with Srikanth Vaidyanathan  Venue: Amphitheater/ Arts and Crafts		Speaker Session (Groups 3 and 4) with Aparna Murali  Venue: Amphitheater/ Arts and Crafts		Venue: Counsellors Lounge Pre-SSE Sessions will end by Sunday noon time
10:00 am -10.20 am	Break	Break	Break	Break	Break
Session 7 10:20am - 12:00pm	SSE SPORTS DAY Venue: Outdoor (Lead + Supporting team????)				Venue: Counsellors Lounge Pre-SSE Sessions will end by Sunday noon time
12:30pm - 1:30pm	Lunch	Lunch	Lunch	Lunch	Lunch
Session 8 (A &B) 2:00 pm - 3:00 pm	Speaker Session (Groups 1 and 2) with Aparna Murali  Venue: Amphitheater/ Arts and Crafts		Group 3 and 4 will help with Sai 100 B 'day Celebrations Prep work		
3:00 PM	SSE Students to meet up with Parents and get ready for Sai 100 celebrations				
3:30pm - 4:30 pm	Break				
4:30 pm - 6:00 pm	SSE BAND JOINS SAI 100 BIRTHDAY CELEBRATION Coordination Team and Group IV as Seva Dal				