Main Program Schedule

Friday, May 24, 2019						
Pre 3 PM	Camp Setup and Potluck Lunch					
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM			• : • : • : • :			
6:00 PM	Bhajans					
6:30 PM	(Devotion Hall)			Registration		
7:00 PM				Registration		
7:30 PM]					
8:00 PM	(7:15 – 9:30)					
8:30 PM	Dinner	Voluntee	 er			
9:00 PM	(Dining Hall)	Orientati (Canteer	on			
9:30 PM			••••••			
10:00 PM	Lights Out					
	Monda	ay, May 27, 20				
5:30 AM		Wake-up I	Bell			
6:00 AM	Omkaram; Supra		(6:10-	6:40) Veda Chanting		
6:30 AM	Nagarsankirthan (Devotion Hall)		(Swami's Room)			
7:00 AM	Meditation (Canteen); Yoga					
7.00 AN	(Devotion Hall)		Consultation for Physical / Mental Wellness			
7:30 AM	(7:30 – 8:15)					
8:00 AM	Breakfast (Dining Hall)			(Infirmary)		
8:30 AM	Devotional Singing (Devotion Hall)					
9:00 AM	(9:00 – 10:30)					
9:30 AM	Interactive Q&A with Guest Speakers					
10:00 AM	(Devotion Hall)					
Post 10 AM	Camp Clean Up					

Workshop Listing

WK1:	Parenting the Sai Way
WK2:	Healthy Diet to Support a Hectic Lifestyle
WK3:	Becoming Wave More than Particle
WK4:	Service Workshop : Making Baby Blankets and Hats
WK5:	The 24/7 Sai Connection – Answering the Divine Call and
	Cultivating the God Bond
WK6:	Gayathri Chanting
WK7:	In God We Trust –The Pathway to Surrender
WK8:	Self Confidence on the Spiritual Path
WK9:	Keeping up with Krishna in the times of the Kardashians
WK10:	To Be One
WK11:	Holistic Yoga
WK12:	SSE Gurus with Fize Mohammed
WK13:	Obliging to Speak Obligingly
WK14:	Sai-chology – Let's Talk!
WK15:	From Ignorance to Illumination
WK16:	Open Bhajan Singing
WK17:	The Perfect Present
WK18:	Service Workshop: Making Greeting Cards

Caturday May 25, 2010							
Saturday, May 25, 2019 5:30 AM Wake-up Bell							
6:00 AM	Omkaram;						
0.00 AW	Suprabhatam;	(6:10 – 6:45) Veda					
6:30 AM	Nagarsankirthan	Chanting					
0.007.00	(Devotion Hall)	(Swami's Room)	• . • . • . • . • . • . • . • . • . • .				
7.00 414	Meditation (Canteen);						
7:00 AM	Yoga (Devotion Hall)						
7:30 AM	(7:30 – 8:15) Breakfast	Consultation for Physical / Mental					
8:00 AM	(Dining Hall)	Wellness					
		(Infirmary)					
8:30 AM							
	Devotional Singing						
	(Devotion Hall)						
9:00 AM							
9:30 AM		(9:30 – 10:45)					
10:00 AM	Speaker Session	n: Welcome, Announc	ements,				
10:30 AM	Speaker: Mr. Fiz	e Mohammed (Devot	ion Hall)				
11:00 AM	(11:00-12:15)						
11:30 AM	Workshops:						
	WK1 - Devotion Hall;						
12:00 PM	WK2 – Brindavan; WK3 – Prasanthi						
		(12:15 – 1:15)					
12:30 PM		Lunch (Dining Hall)					
1:00 PM		(Dining rian)					
1:30 PM		(1:30 – 2:45)					
	(1:00 – 3:00)	Workshops:					
2:00 PM	Community Service: WK4: Hands-on Service	WK5 – Fitness	(1:15 – 2:30) Life Enriched by				
	Workshop – Making	Center;	Application of				
	Baby Blankets and Hats	WK6 – Nature Shack;	Principles (LEAP)				
2:30 PM	(Canteen)	WK7 – Arts & Crafts;	(Devotion Hall)				
		WK8 – Brindavan; WK9 – YA Hall					
3:00 PM	(2,00 4,45) 0						
3:30 PM	(3:00 – 4:15) Speaker Session Speaker: Mr. Ted Henry						
4:00 PM	(Devotior	•					
4:30 PM		,	(4:15 - 5:00)				
5:00 PM			Break				
	(5:15 – 6:45) Cultural Pro	gram by SSE Children	(Dining Hall /				
6:00 PM	Musical Ensemble		Tent)				
	"Temple in My H	•					
6:30 PM	(Devotion Hall)						
7:00 PM	(7:00 – 8:15) Dinner						
7:30 PM	(Dining Hall)						
8:00 PM							
8:30 PM	(8:30 – 9:05) Unison Singing (Devotion Hall)						
9:00 PM 9:30 PM	(9:15 – 9:45) Camp Fire						
10:00 PM	Lights Out						

Sunday, May 26, 2019							
5:30 AM	Wake-up Bell						
6:00 AM	Omkaram; Suprabhatam;	(6:10 - 6:45)	/eda Chanting				
6:30 AM	Nagarsankirthan (Devotion Hall)	(Swami's Room)					
7:00 AM	Meditation (Canteen); Yoga (Devotion Hall)	Consultation	· · · · · · · · · · · · · · · · · · ·				
7:30 AM	(7:30 – 8:15) Breakfast	for Physical /	(7:45 – 9:00) Preventive				
8:00 AM	(Dining Hall)	Mental	Health:				
8:30 AM	Devotional Singing (Devotion Hall)	Wellness (Infirmary)	Interactive Presentations				
9:00 AM	(Devotion Hall)		by Physicians (Infirmary)				
9:30 AM							
10:00 AM	(9:30 – 10:45) Speaker Session: Welcome, Announcements,						
10:30 AM	Speaker: Mr. Ted H	enry (Devotion F	lall)				
11:00 AM	(11:00 – 12:15) Workshops: WK10 – Devotion Hall:						
11:30 AM	WK11 – Fitness Center; WK12 – Arts & Crafts;						
12:00 PM	WK13 – Brindavan; WK14 – YA Hall	(12:15 – 1:15) Lunch (Dining Hall)					
12:30 PM							
1:00 PM	(4.00.0.00)						
1:30 PM	(1:00 – 3:00) Community Service: WK18:	(1:30 – 2:45) Workshops: WK6 – Nature Shack; WK15 – Devotion Hall; WK16 – Fitness Center; WK17 – Brindavan					
2:00 PM	Hands-on Service Workshop –						
2:30 PM	Making Greeting Cards (Canteen)						
3:00 PM	(3:00 – 4:15) Speaker Session	(4:15 – 5:00) Break (Dining Hall / Tent)					
3:30 PM	Speaker: Mr. Fize Mohammed						
4:00 PM	(Devotion Hall)						
4:30 PM	•••••••••••••••••••••••••••••••••••••••						
5:00 PM	(5:00 – 6:00) De						
5:30 PM	(Devoti	-					
6:00 PM	(6:10 – 7:00) Cultural Pr "Choices:		g Adults				
6:30 PM	"Choices: Raj & Mia" (Devotion Hall)						
7:00 PM	(7:00 – 8:15) Dinner (Dining Hall)						
7:30 PM							
8:00 PM	(2						
8:30 PM	(8:30 – 9:05) Unison Singing (Devotion Hall)						
9:00 PM	(9:15 - 9:45) Camp Fire						
9:30 PM							
10:00 PM	Lights Out						