

Main Program Schedule

Friday, May 24, 2019			
Pre 3 PM	Camp Setup and Potluck Lunch		
3:00 PM	Registration		
3:30 PM			
4:00 PM			
4:30 PM			
5:00 PM			
5:30 PM			
6:00 PM		Bhajans (Devotion Hall)	
6:30 PM		Volunteer Orientation (Canteen)	
7:00 PM			(7:15 – 9:30) Dinner (Dining Hall)
7:30 PM			
8:00 PM			
8:30 PM			
9:00 PM			
9:30 PM			
10:00 PM	Lights Out		

Monday, May 27, 2019		
5:30 AM	Wake-up Bell	
6:00 AM	(6:10 – 6:40) Veda Chanting (Swami's Room)	
6:30 AM		Om-karam; Suprabhatam; Nagarsankirthan (Devotion Hall)
7:00 AM	Meditation (Canteen); Yoga (Devotion Hall)	Consultation for Physical / Mental Wellness (Infirmary)
7:30 AM	(7:30 – 8:15) Breakfast (Dining Hall)	
8:00 AM	Breakfast (Dining Hall)	
8:30 AM	Devotional Singing (Devotion Hall)	
9:00 AM	(9:00 – 10:30) Interactive Q&A with Guest Speakers (Devotion Hall)	
9:30 AM		
10:00 AM		
Post 10 AM	Camp Clean Up	

Workshop Listing	
WK1:	<i>Parenting the Sai Way</i>
WK2:	<i>Healthy Diet to Support a Hectic Lifestyle</i>
WK3:	<i>Becoming Wave More than Particle</i>
WK4:	<i>Service Workshop : Making Baby Blankets and Hats</i>
WK5:	<i>The 24/7 Sai Connection – Answering the Divine Call and Cultivating the God Bond</i>
WK6:	<i>Gayathri Chanting</i>
WK7:	<i>In God We Trust –The Pathway to Surrender</i>
WK8:	<i>Self Confidence on the Spiritual Path</i>
WK9:	<i>Keeping up with Krishna in the times of the Kardashians</i>
WK10:	<i>To Be One</i>
WK11:	<i>Holistic Yoga</i>
WK12:	<i>SSE Gurus with Fize Mohammed</i>
WK13:	<i>Obliging to Speak Obligingly</i>
WK14:	<i>Sai-chology – Let's Talk!</i>
WK15:	<i>From Ignorance to Illumination</i>
WK16:	<i>Open Bhajan Singing</i>
WK17:	<i>The Perfect Present</i>
WK18:	<i>Service Workshop: Making Greeting Cards</i>

Saturday, May 25, 2019			
5:30 AM	Wake-up Bell		
6:00 AM	(6:10 – 6:45) Veda Chanting (Swami's Room)		
6:30 AM		Om-karam; Suprabhatam; Nagarsankirthan (Devotion Hall)	
7:00 AM	Meditation (Canteen); Yoga (Devotion Hall)	Consultation for Physical / Mental Wellness (Infirmary)	
7:30 AM	(7:30 – 8:15) Breakfast (Dining Hall)		
8:00 AM	Breakfast (Dining Hall)		
8:30 AM	Devotional Singing (Devotion Hall)		
9:00 AM			
9:30 AM	(9:30 – 10:45) Speaker Session: Welcome, Announcements, Speaker: Mr. Fize Mohammed (Devotion Hall)		
10:00 AM			
10:30 AM			
11:00 AM	(11:00 – 12:15) Workshops: WK1 - Devotion Hall; WK2 – Brindavan; WK3 – Prasanthi	(12:15 – 1:15) Lunch (Dining Hall)	
11:30 AM			
12:00 PM			
12:30 PM			
1:00 PM	(1:00 – 3:00) Community Service: WK4: Hands-on Service Workshop – Making Baby Blankets and Hats (Canteen)	(1:15 – 2:30) Life Enriched by Application of Principles (LEAP) (Devotion Hall)	
1:30 PM			(1:30 – 2:45) Workshops: WK5 – Fitness Center; WK6 – Nature Shack; WK7 – Arts & Crafts; WK8 – Brindavan; WK9 – YA Hall
2:00 PM			
2:30 PM			
3:00 PM	(3:00 – 4:15) Speaker Session Speaker: Mr. Ted Henry (Devotion Hall)		
3:30 PM			
4:00 PM			
4:30 PM			(4:15 – 5:00) Break (Dining Hall / Tent)
5:00 PM			
5:30 PM	(5:15 – 6:45) Cultural Program by SSE Children Musical Ensemble; SSE1 Dance; "Temple in My Heart" – a play (Devotion Hall)		
6:00 PM			
6:30 PM			
7:00 PM	(7:00 – 8:15) Dinner (Dining Hall)		
7:30 PM			
8:00 PM			
8:30 PM	(8:30 – 9:05) Unison Singing (Devotion Hall)		
9:00 PM	(9:15 – 9:45) Camp Fire		
9:30 PM			
10:00 PM	Lights Out		

Sunday, May 26, 2019			
5:30 AM	Wake-up Bell		
6:00 AM	(6:10 – 6:45) Veda Chanting (Swami's Room)		
6:30 AM		Om-karam; Suprabhatam; Nagarsankirthan (Devotion Hall)	
7:00 AM	Meditation (Canteen); Yoga (Devotion Hall)	Consultation for Physical / Mental Wellness (Infirmary)	
7:30 AM	(7:30 – 8:15) Breakfast (Dining Hall)		
8:00 AM	Breakfast (Dining Hall)		
8:30 AM	Devotional Singing (Devotion Hall)		
9:00 AM			
9:30 AM	(9:30 – 10:45) Speaker Session: Welcome, Announcements, Speaker: Mr. Ted Henry (Devotion Hall)		
10:00 AM			
10:30 AM			
11:00 AM	(11:00 – 12:15) Workshops: WK10 – Devotion Hall; WK11 – Fitness Center; WK12 – Arts & Crafts; WK13 – Brindavan; WK14 – YA Hall	(12:15 – 1:15) Lunch (Dining Hall)	
11:30 AM			
12:00 PM			
12:30 PM			
1:00 PM	(1:00 – 3:00) Community Service: WK18: Hands-on Service Workshop – Making Greeting Cards (Canteen)	(1:30 – 2:45) Workshops: WK6 – Nature Shack; WK15 – Devotion Hall; WK16 – Fitness Center; WK17 – Brindavan	
1:30 PM			
2:00 PM			
2:30 PM			
3:00 PM	(3:00 – 4:15) Speaker Session Speaker: Mr. Fize Mohammed (Devotion Hall)		
3:30 PM			
4:00 PM			(4:15 – 5:00) Break (Dining Hall / Tent)
4:30 PM			
5:00 PM	(5:00 – 6:00) Devotional Singing (Devotion Hall)		
5:30 PM			
6:00 PM	(6:10 – 7:00) Cultural Program by Young Adults "Choices: Raj & Mia" (Devotion Hall)		
6:30 PM			
7:00 PM	(7:00 – 8:15) Dinner (Dining Hall)		
7:30 PM			
8:00 PM			
8:30 PM	(8:30 – 9:05) Unison Singing (Devotion Hall)		
9:00 PM	(9:15 - 9:45) Camp Fire		
9:30 PM			
10:00 PM	Lights Out		